



## **LNNI Work Plan for 2017-18**

| Summary             | This document provides the background and timetable for the proposed 2017-18 LNNI work plan.  |  |
|---------------------|-----------------------------------------------------------------------------------------------|--|
| Purpose             | To inform stakeholders of the proposed programme of work                                      |  |
| Operational date    | 13 <sup>th</sup> June 2017                                                                    |  |
| Review date         | annual                                                                                        |  |
| Version Number      | V1                                                                                            |  |
| Supersedes previous | persedes previous -                                                                           |  |
| Lead Responsible    | d Responsible LNNI Lead                                                                       |  |
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| Date | Version | Author | Comments |
|------|---------|--------|----------|
|      | 1.0     |        |          |
|      | 2.0     |        |          |
|      | 3.0     |        |          |
|      | 4.0     |        |          |
|      | 5.0     |        |          |
|      | 5.0     |        |          |

**Policy Record** 

|                  |          | Date | Version |
|------------------|----------|------|---------|
| Author (s)       | Approval |      |         |
| Lead Responsible | Approval |      |         |

**Approval Process - Trust Policies** 

| LNNI Board meeting | Authorise |  |
|--------------------|-----------|--|
| LNNI Chair         | Sign Off  |  |



## 2017-18 Work Plan – Lymphoedema Network Northern Ireland

The Lymphoedema Network Northern Ireland (LNNI) provides regional professional clinical leadership for the management of Lymphoedema. Lymphoedema is a long term condition (LTC) which if diagnosed early results in better outcomes for the patient and a more efficient use of resources. Lymphoedema is an elective service monitored by the AHP 13 week access criteria.

The Network has continually modernised to ensure value for money by:-

- Updating regional referral criteria and pathways for access to the service ensuring appropriate use of limited resources. This has included the integration of CCG and ECR, and potential to link Lymphdat with the H&C Index, and upgrade to electronic record format.
- Developing (and updating) patient information in a number of formats utilising PPI to inform potential service users and to aid self-management of the condition. This has included Easy Read formatting and a PHA hosted garment website patient information sheet (in conjunction with a pharmacy/GP guidance tool).
- Maximising capacity by reviewing regional band 3 and 4 competencies and agreeing a regional model, with associated education goals.
- Enhancing the roles of specialist staff and continuing to develop local professional networks, thereby reducing the necessity of regional complex clinic medical input; this has included regional agreement regarding Doppler and vascular assessment.
- Locally provided quality services have resolved the need for ECRs (apart from lymphoedema/lipoedema liposuction surgery)
- Reviewing and employing new technologies to improve effectiveness and efficiency with introduction of PhysioTouch and new vascular assessment systems.

Despite all service development, the continued increase in referrals, and the impact of increasingly more severely obese patients, has impacted on services. The NHSCT has breached access targets from April 2016. LNNI has temporarily supported the NHSCT to reduce waits whilst awaiting intra-trust review.

## Summary of key programmes of work for 2017-18

|    | , ,, ,                   |                                                              |
|----|--------------------------|--------------------------------------------------------------|
|    | Action                   | Impact                                                       |
| 1. | Continue to quantify     | Meet 13 week AHP access targets                              |
|    | current demand and       | - NHSCT: monitor referral, review, re-referrals and          |
|    | referral routes          | breaches                                                     |
|    |                          | <ul> <li>Review activity changes provided by LNNI</li> </ul> |
|    |                          | temporary funding support and impact                         |
| 2  | Quantify the impact that | To be able to describe and quantify new referral sources     |
|    | changing demographics    | which in turn will allow for demand to be managed.           |



|   | (obesity, lipoedema and    | - ICT development to support information                                         |
|---|----------------------------|----------------------------------------------------------------------------------|
|   | chronic oedema, palliative | management (electronic record)                                                   |
|   | care), specialist          | - ECR (surgical) collated along with costs                                       |
|   | Lymphoedema liposuction    | - Paediatric: Integrate the National Children's                                  |
|   | and pediatric lymphoedema  | Charter (launched May 2017)alongside upgrade                                     |
|   | service will have on the   | of local paediatric documentation and liaison                                    |
|   | demand to the              | with trust paediatric teams                                                      |
|   | Lymphoedema service        | - Lipoedema: formal engagement with voluntary                                    |
|   | Lymphocaema service        | sector and awareness provision                                                   |
|   |                            | - Chronic oedema: partnerships with GP                                           |
|   |                            | Federations/trusts/PHA/pharmacy contacts re                                      |
|   |                            | care of non-complex case bids                                                    |
|   |                            | - Bariatric: data base, engage with diabetes                                     |
|   |                            | teams/voluntary sector/psychology, PHA/HSCB                                      |
| 3 | Continue to pilot a solf   |                                                                                  |
| 3 | Continue to pilot a self-  | Direct patients to a self-management model to reduce                             |
|   | management model to roll   | the number of review appointment and increase capacity within current resources. |
|   | out a programmed of        |                                                                                  |
|   | supported self-            | - Evolve different focused models for physical                                   |
|   | management for             | activity engagement including SHSCT's Healthy                                    |
|   | lymphedema patients.       | Legs outcomes (Oct 17)                                                           |
|   |                            | - App development re limb volume and BMI                                         |
|   |                            | calculations (initially HCP focused with a view to                               |
|   |                            | later models being for service users)                                            |
|   |                            | - Long Term Conditions Alliance NI engagement:                                   |
|   |                            | Diabetes/Macmillan Move More                                                     |
| 4 | Roll out the education and | To develop a specialist workforce required for                                   |
|   | communication strategies   | Lymphoedema                                                                      |
|   |                            | - To continue to raise awareness of the condition                                |
|   |                            | with a range of Health Care professionals; focus                                 |
|   |                            | on palliative care, paediatric and diabetes teams                                |
|   |                            | - Joint working with ACPOPC                                                      |
|   |                            | - New cultural populations                                                       |
|   |                            | - Prescribing (NMP)                                                              |
|   |                            | - Succession planning                                                            |
|   |                            | - Enhanced band 3 / 4 role                                                       |
| 5 | All Ireland service        | Joint working with new HSE lead                                                  |
|   | development                | - Shared learning with new HSE Lead                                              |
|   |                            | - Partnership planning: 15 <sup>th</sup> November 2017 - All                     |
|   |                            | Ireland conference                                                               |
|   |                            | - October 2017 – All Ireland certification course                                |
|   |                            | - National Lymphoedema Partnership (NLP)                                         |